



Lunch Menu 1-4pm

Soup of the Day... *crusty roll* - €5.50

Spicy Chicken Wings... *hot sauce, blue cheese dip, coleslaw* - €6.90

Óstán's Fry... *sausage, bacon, egg, tomato, white pudding, hash brown, toast, tea (coffee +€1)* - €9.00

Óstán's MEGA Club Sandwich... *triple decker sandwich, lettuce, tomato, chicken, smoked bacon, egg* - €8.50

Cajun Caesar Wrap... *cos lettuce, bacon, croutons, parmesan, Caesar dressing* - €6.50

Open Prawn Sandwich... *wheaten bread, baby peeled prawns, marie rose sauce salad garnish* - €10.50

Beach Burger... *smoked bacon, cheese, coleslaw, creamy peppercorn sauce, onion ring garnish, side of choice* - €15.90

Fillet of Haddock... *lemon wedge, homemade tartar sauce, side of choice* - €15.50

Fresh Chicken Goujons... *coleslaw, choice of dip – garlic, bbq, sweet chilli, side of choice* - €14.90

Óstán's Chicken Curry... *mild curry sauce, chunky vegetables, boiled rice, chunky chips* - €13.90

Vegetable Enchilada... *stir fried vegetables, salsa sauce, garlic mayonnaise, melted cheese, sour cream dip, with side of choice (v)* - €13.90

Cajun Chicken Caesar Salad... *Lettuce, croutons, bacon, Caesar dressing, parmesan dressing* - €14.90

~ Selection of closed & toasted sandwiches available upon request from €5.50 ~

Sides

Hand-cut Sauté Potatoes	3.50
Hand-cut Garlic Potatoes	4.00
Chips/Skinny Fries	3.50
Mashed Potatoes	3.50
Mixed Vegetables	3.50
Coleslaw	2.50
Tossed Salad	3.50
Mixed Salad	4.90
Sauté Onions	3.00
French Fried Onions	4.20
Sweet Potato Fries	4.00

Children's Menu



Homemade Soup - €2.90

Soup & Mash - €5.50

Mash & Gravy - €5.50

Mash, Veg & Gravy €6.00

Chicken wings - €3.90

Melon - €2.50

Crusty Roll - €1.00

Chips - €2.50



Mains

Cheeseburger - €6.90

Chicken Goujons - €6.50

Sausages - €6.50

Breaded Haddock - €7.50

Chicken Curry - €6.50

Creamy Tomato Pasta with Garlic Bread (no side) - €7.50

Served with Side of Choice:

Mash/Skinny chips/ Chunky Chips/Rice/Vegetables/ Tossed Salad

Please ask your server for a list of allergens in our dishes ~ all fish may contain bones ~ while we take every care to preserve the integrity of our vegetarian, vegan, gluten free and dairy free products, we must advise that these products are handled in a multi-kitchen environment ~ we cannot guarantee that our products do not contain traces of seeds and or nuts ~ all items are subject to availability



Dessert Menu

Apple & Cinnamon Crumble (V) - €6.50
Served warm with custard & cream

Warm Chocolate Fudge Cake (V) - €6.90
Served with vanilla ice cream

Cheese Cake of the Day (V) - €6.50
Served with fresh cream

Profiteroles (V) - €6.50
Served with vanilla ice cream & chocolate sauce

Ice Cream Sundae (GF,V) - €6.50
Trio of ice cream, watermelon wedge, pineapple

Scone & Jam (GF,V) - €2.50
Warm scone, whipped cream, butter, jam

Teas & Coffees

Tea	2.00
Herbal Tea	2.20
Americano	3.00
Espresso	3.00
Double Espresso	4.20
Cappuccino	3.50
Latte	3.50
Flat White	3.50

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